

# Stamford Youth Mental Health Alliance



## What is the YMHA?

Origin Story  
Accomplishments  
Who's involved



## Topics to be discussed

Collective benefit of the YMHA  
How to get a young person help  
Organization and individual involvement  
Who else should be involved



## Panelist

Jody Bishop, Julie Degenarro,  
Denique Lewis, Dennis Torres,  
Georgette Harrison, Maggie  
Young,  
Joe O'Callaghan



Website:

<https://www.stamfordyouthmentalhealthalliance.org/>

Video:

<https://drive.google.com/file/d/11KkaI57YU3KZTk8OwAvvKUIt-TrdBQwn/view?usp=sharing>

Stamford Mental Health resources:  
[English](#) / [Spanish](#) / [Haitian Creole](#)