



FOR MORE INFORMATION

Child First is a program of Child Guidance Center of Southern Connecticut, Inc.

If you are interested in receiving Child First services, and you live in Greenwich, Darien, Stamford and New Canaan call:

203-517-3350
(203) 353-1524 (fax)

You can also find more information on the Child First website: www.childfirst.org.



**CHILD FIRST
AFFILIATE AGENCIES**



An affiliate of Community Health Center, Inc.

103 West Broad Street, Stamford, CT 06902

The Child Guidance Center of Southern Connecticut (CGC) is dedicated to improving the mental and behavioral health of children and teens through treatment, education, and community support.

www.childfirst.org



Child First helps you build strong, loving relationships with your young children to heal and protect them from the many stresses and challenges in their lives.



CHILD FIRST IS HERE TO HELP!

Child First works with families who:

- Feel overwhelmed by the behavior or emotions of their young children
- Have experienced violence or trauma
- Feel stressed and hopeless
- Need support and services for their child and other family members



HOW DOES CHILD FIRST WORK?

Our Child First Team works as your partner, listening closely to understand your goals and what is important to you, your child, and your family.

We visit with you and your child each week in your home or community. We can also work with your child's teacher or child care provider.

Our Team is made of:

- A Child Development Clinician who understands children's behavior, development, and learning.
- A Care Coordinator who connects families with services and supports (like food, housing, furniture, child care, health care, and job training).

DO YOU FEEL STRESSED?

"My child is kicking other children!
He is going to be expelled from school!"

"I am sad and exhausted all the time."

"I am afraid for myself and my children.
Someone is going to get hurt."

"My child doesn't listen!"

WHO IS ELIGIBLE?

- Pregnant women or children from birth through five years of age.
- Children with very difficult behaviors or delays in their development or learning, (such as anger and fighting, risk of being expelled from childcare, sadness, or late language).
- Families with many stresses (such as feeling alone or hopeless, fighting in the home, drug use, homelessness, without enough money for food or rent, or involvement with the child welfare system).

There is no cost for Child First services.

Child First is available without regard to legal status.

Child First services are available in English, Spanish and other languages.

THE GOALS OF CHILD FIRST

Our Child First Team is there to support and help you. We will work together with you and your child so that:

- Your child is happy and healthy, without behavior problems!
- Your child is learning and successful in school and in life.
- You can be a strong, kind, wise, and loving parent or caregiver.
- You do not feel stressed and overwhelmed by the past and present challenges in your life.
- Your family connects with community-based supports and services that you want and need.
- You can feel confident and focused so that you can reach your own goals for the future.