



ābilis

Advancing abilities for people with special needs since 1951

Therapeutic Services

Abilis has a talented and experienced team of professionals who work together to create a cohesive approach to personalized therapeutic care for the individuals we serve. Our therapies, housed in our Therapy Center, are administered using best practices and are available at our Center or in the environments you choose, including your home and places in the community where the therapy can be generalized.

EARLY INTERVENTION

Our Abilis Birth to Three program enables children with a developmental disability or delay to receive the support they need to reach developmental milestones and succeed in a pre-school environment. This state-funded program helps families meet the developmental and health-related needs of their infants and toddlers. We also offer an intensive program designed to meet the specific needs of children with an autism spectrum diagnosis. Our teachers and therapists coach and provide support to families in natural learning environments, such as the home or at day care.

CUSTOM THERAPY

Abilis therapists tailor plans to the specific needs of the individuals we serve across their lifespan to address cognitive, communication, social, sensory, and physical challenges. Our services include, but are not limited to: academic supports, tutoring, diagnostic evaluations, applied behavior analysis, autism-specific interventions, and speech/language, oral motor/feeding, occupational, physical therapy.

Life Services

Abilis provides needed support to people throughout their adult lives. Our goal is to enhance each person's quality of life through social activities, meaningful employment, and high quality residential services. Our Life Services programs include health and wellness care delivered by certified professionals.

ACTIVITIES

Abilis offers a range of community-based activities that provide social and recreational opportunities for people of all ages with disabilities. These programs allow people to feel a sense of belonging and to make new friends through shared interests and experiences.

TRANSITIONS

Change is challenging for all of us. Our LEAP and Project SEARCH programs are specifically designed to help young adults with disabilities transition seamlessly from high school into adulthood, along with securing employment.

DAY HABILITATION AND COMMUNITY EXPERIENCES

We provide a meaningful day program, full of activities and skill development for individuals requiring additional care and supports. Indoor and outdoor physical fitness program are offered throughout the day ensuring proper health and physical wellness.

ABILIS RETIREMENT PROGRAM

Aging can be difficult and can sometimes limit social opportunities and feeling part of the community. The Abilis Retirement Program offers a safe and compassionate program, which includes community based activities and experiences for individuals throughout the year.

BUSINESSES

Abilis operates numerous businesses – Abilis Gardens & Gifts, Café, Landscaping, and Shredding among them – designed to help individuals cultivate their skills and participate in meaningful employment with Abilis prior to becoming competitively employed.

COMPETITIVE EMPLOYMENT

Based on evaluations of skills and interests, Abilis creates customized career plans for individuals who are interested in and capable of being competitively employed in the community. Abilis provides job training, placement, and ongoing coaching to help participants maintain and advance in fields ranging from retail to child care to food service and beyond at a wide range of local businesses.

RESIDENTIAL SERVICES

Abilis offers a wide range of housing options - licensed by the Department of Developmental Services two by the Department of Public Health, and other creative private housing models – to tailor supports to the needs of each adult we serve. Service levels vary from 24-hour staff supervision to flexible care on an hourly basis to enable clients to achieve their goals and objectives with a maximum degree of independence.

About Abilis

Abilis provides vital services and supports for over 700 individuals of all ages and abilities with special needs and their families in Fairfield County, CT every year. A trusted leader in the special needs community for 68 years, Abilis will help you navigate the path from childhood to adulthood, guiding and supporting you at every stage.

Abilis Therapeutic Services operates from our office in downtown Stamford, while Abilis Life Services operates from our headquarters in the Glenville section of Greenwich.

AMY MONTIMURRO

President & Chief Executive Officer
montimurro@abilis.us | 203.531.1880 x128

KAREN FEDER

Director of Therapeutic Services
Feder@abilis.us | 203.324.1880 x302

JENNIFER FLATOW

Director of Development
Flatow@abilis.us
203.531.1880 x161

ERICA KLAIR

Director of Marketing and Communications
Klair@abilis.us | 203.531.1880 x121

LUIS VELAZQUEZ

Senior Director of Day Services
Velazquez@abilis.us | 203.531.1880 x154

MATTHEW MICELI

Director of Competitive Employment
Miceli@abilis.us | 203.531.1880 x151

LAURA LATEGUI

Senior Director of Residential Services
Lategui@abilis.us | 203.531.1880 x149

Therapeutic Services

**1150 Summer Street
Stamford, CT
(203) 324-1880 x 300**

Life Services/Headquarters

**50 Glenville Street
Greenwich, CT
(203) 531-1880**

